

## *From the desk of the Principal:*

Quite a few exciting things took place this past week at CTK and it's a pleasure to congratulate so many of our students for their wonderful accomplishments!

Congratulations to our two CTK Book Bowl teams who competed on Friday, Feb 10<sup>th</sup>, at Saint Vincent de Paul Catholic School. Both teams did such an outstanding job and made the entire competition very close and very exciting! Congratulations to **Max deMayo** (8<sup>th</sup> grade), **Claire Finken** (7<sup>th</sup> grade), **Christa Holland** (8<sup>th</sup> grade), **Elena Maestas** (8<sup>th</sup> grade), and **Hannah Pflug** (7<sup>th</sup> grade) for representing CTK Team #2 and competing through a total of 6 very strong rounds; and congratulations to **Lucy Fishburn** (7<sup>th</sup> grade), **Will Lighthart** (7<sup>th</sup> grade), **Kat Pickett** (7<sup>th</sup> grade), and **Emma Roepke** (7<sup>th</sup> grade) for representing CTK Team #1 and **winning the 2<sup>nd</sup> place trophy**...the winning team from Saint Vincent de Paul only nudged out CTK Team #1 by a single point in the final round!! As an interesting side note, CTK Reading Specialist Mrs. Heithoff's daughter (in 7<sup>th</sup> grade) was on the winning 1<sup>st</sup> place Saint Vincent de Paul team. Very special thanks to CTK Media/Technology teacher **Mrs. Pickett** for doing such an amazing job leading all the CTK students both during the competition and during all the practice sessions and special thanks also to middle school Language Arts teacher **Mrs. Gronewold** for assisting!

Congratulations to 5<sup>th</sup> grader **Patrick Fayad** who placed 2<sup>nd</sup> in the Archdiocesan level Spelling Bee that was held at Saint Stephen the Martyr Catholic School on Saturday, Feb 11<sup>th</sup>. Patrick will now represent CTK and the Archdiocese of Omaha at the district level Spelling Bee to be held in the near future. Great job Patrick!!!

Ten of our 8<sup>th</sup> graders received scholarships from area Catholic high schools in a special ceremony this week. Congratulations to Marian scholarship recipient **Maria Sakowski**; Gross Catholic scholarship recipient **Christa Holland**; Roncalli scholarship recipient **Anna Matuella**; Mount Michael scholarship recipient **Max deMayo**; Duchesne Academy scholarship recipients **Olivia Langenberg**, **Elena Maestas**, **Grace Neary**, **Isabella Paulitz**, and **Claire Wilson**; and Creighton Prep Presidential scholarship recipient **Ben Bonebrake**. Special thanks to PE/Health teacher **Mr. Hartigan**, and administrative assistants **Mrs. Andrews** and **Mrs. Travis** for doing such a super job coordinating all the details and for setting things up for the scholarship ceremony.

We had our Valentine's Day parties this week and thanks so much to all the parents who helped run these great parties and thanks to the parents and teachers who made the 6<sup>th</sup> grade field trip possible. Special thanks also to **Kelly Steier** for coordinating the pizza lunch for all the students in 7<sup>th</sup> & 8<sup>th</sup> grade!

This past Friday was Kindergarten Round-Up and we had a record turn-out with a total of 39 potential new kindergarten students! Kindergarten teachers **Mrs. Hearn** and **Mrs. Sayles** gave a fantastic overview of the CTK kindergarten program, technology specialist **Mr. Pook** created a special kindergarten DVD, and parents had the opportunity to visit with the kindergarten teachers, see the kindergarten classrooms, and receive a tour of the school. Special thanks to **Mrs. Andrews** and **Mrs. Travis** for coordinating all the round-up details; to **Mr. Hartigan**, **Mrs. Hearn**, **Mrs. Heithoff**, **Mrs. Maureen Martin**, **Mrs. McIntyre**, **Mr. Pook**, and **Mrs. Sayles** for working with the new kindergarten students; to Parent Club volunteers **Lisa Quinn** and **Kathy Neary** for bringing in the coffee and treats; to CTK parent **Brenda Langenberg** for covering the office during the afternoon round-up session; and to middle school students **Maggie Abboud**, **Katie Germany**, **Olivia Langenberg**, **Tess Madsen**, **Grace Neary**, **Jackie Petersen**, and **Claire Wilson** for assisting in so many important ways throughout the various sessions...all of you made this event so special and such a huge success!

**Parent Surveys were mailed home on February 15<sup>th</sup>** as part of the Christ the King School Improvement process. Your survey will be completely anonymous and we absolutely value your opinions, your comments, and your suggestions. Please have your child return your survey to his or her classroom or middle school House teacher. Students in families that return a survey **by February 29<sup>th</sup>** will receive a casual day during the week of March 5<sup>th</sup> – 9<sup>th</sup>. Please help us make CTK an even better place by providing us with your valuable input!

7<sup>th</sup> & 8<sup>th</sup> grade Math teacher, **Mr. Griffin**, will be offering a summer "Math Camp" three days a week starting in June for students who are currently in grades 6<sup>th</sup> – 8<sup>th</sup>, and for those students who are in high school but who have not yet taken geometry. More information will be printed in future Updates and a **parent informational "Math Camp" meeting will be held in the school library on March 1<sup>st</sup>, at 7:00 p.m.** If you need additional information before the informational meeting, or if you have any questions, please contact Mr. Griffin.

2012 - 2013 registration information and forms will go out this week. **Please return your completed registration form and registration fee to the school office by Thursday, March 8<sup>th</sup>, 2012.** We're planning on another great school year next year with many new and exciting improvements to look forward to.

As always, thanks for your outstanding support and for helping make CTK such a great Catholic school! God bless...Chris Segrell

# Calendar at a Glance

<p><b>Monday, February 20</b></p> <ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b>—Teacher In-Service</li> <li>• Sports Club Banquet-PC</li> </ul>	<p><b>Tuesday, February 21</b></p> <ul style="list-style-type: none"> <li>• School Resumes!</li> <li>• 8:15 AM Mass Gr. 6-8 (7CD)</li> <li>• 8:15 AM 3rd Gr. Omaha Presentations-Cafeteria</li> <li>• 7 PM Board Mtg.—Libr</li> </ul>	<p><b>Wednesday, Feb. 22</b></p> <ul style="list-style-type: none"> <li>• 8:15 AM Ash Wednesday All School Mass (8AD)</li> </ul>	<p><b>Thursday, February 23</b></p> <ul style="list-style-type: none"> <li>• <b>VALENTINE'S SPIRIT DAY!</b> (wear red, pink or Valentine-themed shirt)</li> <li>• 7:30 AM Battle of Books practice</li> <li>• 3:30-4:15 PM Choir practice</li> <li>• <b>2012-2013 SCHOOL REGISTRATIONS MAILED</b></li> </ul>	<p><b>Friday, February 24</b></p> <ul style="list-style-type: none"> <li>• 8:15 AM All School Mass (6CD)</li> <li>• 2:30 PM Stations of the Cross-Church</li> </ul>
<p><b>Monday, February 27</b></p> <ul style="list-style-type: none"> <li>• 8:15 AM Mass Gr. 3-5 (4B)</li> </ul>	<p><b>Tuesday, February 28</b></p> <ul style="list-style-type: none"> <li>• School Resumes!</li> <li>• 8:15 AM Mass Gr. 6-8 (8BC)</li> <li>• 7 PM Parents Club Mtg.—PC</li> </ul>	<p><b>Wednesday, Feb. 29</b></p> <ul style="list-style-type: none"> <li>• 8:15 AM Mass Gr. K-2 (KB)</li> <li>• 6:30 PM First Communion Parent Mtg.—PC</li> <li>• Survey's Due!</li> </ul>	<p><b>Thursday, March 1</b></p> <ul style="list-style-type: none"> <li>• 6:30 AM Pancake Man-Cafeteria</li> <li>• 7:30 AM Battle of Books practice</li> <li>• 3:30-4:15 PM Choir practice</li> </ul>	<p><b>Friday, March 2</b></p> <ul style="list-style-type: none"> <li>• 8:15 AM All School Mass (3A)</li> <li>• 2:30 PM Stations of the Cross-Church</li> <li>• 3rd Quarter Ends</li> </ul> <p style="text-align: right;"><b>Living in His Love</b></p>

## SCHOOL NEWS

**THE NEWSLETTER FOR WEEK ENDING FEB. 24 WILL GO HOME ON THURSDAY, FEB. 23.** Any update information needs to be submitted by Wednesday, Feb. 22 at noon.

### SCHOOL REGISTRATION—2012-13

We will be mailing out registrations to all school families THIS Thursday, Feb. 23. Look for them! Registrations will be due back on Thursday, March 8.

### CAMERA FOUND

We have a camera that was left in a kindergarten classroom; perhaps from Valentine's Day parties. If you are missing yours, please contact the office.

### HUMAN GROWTH AND DEVELOPMENT (FOR 5TH GRADE STUDENTS & THEIR PARENTS)

Christ the King Parish is pleased to again offer the presentation: The Changes of Puberty - Human Growth & Development. We offer these presentations to assist parents as the primary educators of their children in human sexuality; it is not a mandatory event. These talks are designed for students and their parents, with separate presentations for the boys and for the girls. Older students with their parents are also welcome. At least one parent must be in attendance with their son or daughter. A mother or father may attend with either a son or a daughter.

There will be a pediatrician as the presenter for each of these separate talks. The girls' talk will be presented by Dr. Mary Lou Flearl; the boys' talk will be offered by Dr. Robert Woodford. A video regarding changes of adolescence will also be part of the presentation.

**Thursday, March 22nd from 6:00-7:00 PM  
at the CTK Middle School**

*Enter through the main school doors and proceed to the Middle School wing (left of the library):  
Mrs. Karnes' room for sons and their parent(s) OR Miss Douglas' room for daughters and their parent(s)*

Additional note: The goal of these presentations is to provide information and discussion of the adolescent's changing body in puberty and not about Catholic morality regarding sexual intimacy.

### BROCHURES AVAILABLE

Hummel Park Nature Center-Archery Class / Fun Day      Hillside Little League T-Ball, Baseball & Softball  
Arts for All      OSA—Baseball Winter Clinic      Midwest Tae Kwon Do  
Westgate/Westside Athletic Association-Baseball, Softball and Little Slugger Tee-ball Registration forms  
OSAA-Baseball, Softball & Tee-ball

## PARENTS CLUB

### PARENTS CLUB MEETING

Our next meeting is scheduled for Tuesday, Feb. 28 at 7 PM in the parish Center. Please join us!

### PARENTS CLUB OFFICERS

President: Beth Wilson  
Vice-Pres: Jennifer Slattery  
Treasurer: Pat Elliott  
Secretary: Kathy Kemler

### CTK SOCIAL COMMITTEE UPDATE

Christ The King Social Committee brings you **The Pancake Man** on Thursday March 1, 2012. The cost is \$4 per person. Breakfast will be served starting at 6:30 AM in the school cafeteria. Breakfast includes pancakes, sausage, juice and coffee. School families are invited to attend! Join your classmates and their families for all the fun. If you have questions please contact Kerri Kubat ([kmkubat@msn.com](mailto:kmkubat@msn.com)) or Tricia Olsen ([pmolsen1@gmail.com](mailto:pmolsen1@gmail.com)).

## GARAGE SALE NEWS

CTK's Garage Sale is now on Facebook! Share the link below with your friends:  
<https://www.facebook.com/events/231957323562060/>

### BLACK-OUT CASUAL DAY!

Thanks so much to all who participated in our Casual Day! We raised over \$300 to start of our fundraiser on the right note! Look for more Garage Sale sponsored casual days in the near future!



## DONATION DATES

Spring is just around the corner -- time to clean out your closets and donate your tax-deductible items to the CTK garage sale. Your donations will be accepted in the Parish Center basement on the following dates:

- **Saturday, Feb. 25th from 10 AM—2 PM**
- **Wednesday, Feb. 29th from 5:30 PM—7:30 PM**
- **Saturday, March 3rd from 10 AM— 2 PM**
- **Wednesday, March 7th from 5:30 PM—7:30PM**

Please know that there will be plenty of volunteers onsite to help unload your car! If you need to schedule a pick up, please contact: Frank Johansen at 402-312-4000.

## VOLUNTEER SIGN-UP

Here's where YOU can help! Your time (*and donated treasures*) help equip our school with much needed technology. Be a trend-setter and be one of the first to sign up for a shift. WE have many opportunities available, so sign-up early to get your best pick of a shift or position! You can sign up by accessing the following website:

<http://www1.mysignup.com/cgi-bin/view.cgi?datafile=ctkgaragesale> or

If you have questions about volunteering, please contact Ann Mausbach at [tamasubach@cox.net](mailto:tamasubach@cox.net) or 402-614-3830.

## CTK APPAREL & CTK BLING APPAREL

Contact Rebecca Hazel at 402-344-0773 / [rebeccapietramale@cox.net](mailto:rebeccapietramale@cox.net)  
CTK Bling-contact Holly Sullivan at 402-496-7662 / [hssullivan@cox.net](mailto:hssullivan@cox.net)

## USED UNIFORMS

If you have used uniforms that you no longer need, you may send them to the school office to be placed in the drop-off box. Questions or need an item? Contact Kelly Steier at 331-0965 or [kellysteier4@gmail.com](mailto:kellysteier4@gmail.com).



## BOX TOPS

**Congratulations to Mr. Menks' class!** They collected over 1,000 box tops and earned a casual day and treats to their class!

## LAND O' LAKES

We're collecting milk and orange juice caps from Land O' Lakes! Send them to the office in a Ziploc bag!

## BOOKWORM RECEIPTS

Save your Bookworm receipts and turn them into the CTK Office to the Attention: Brenda Langenberg. These receipts are returned to the Bookworm and the "Chat N Chew Book Clubs" receive a 10% credit of the sales totals.

## CHAT 'N CHEW

New book information for March will be in this week's coming Update. Thanks to all the parents who make this wonderful program possible. Questions?? Peggy Sutej at [dsutej@cox.net](mailto:dsutej@cox.net)

## MIDDLE SCHOOL CHAT 'N CHEW

Our next meeting will be held on Tuesday, February 21 at noon. Lunch will be served, but you must RSVP to Beth Denman at [bdenman@hotmail.com](mailto:bdenman@hotmail.com). February book: Avi-Crispin: the Cross of Lead

## ATHLETIC NEWS by RAY JANSEN 392-1052

### BASEBALL

Our baseball team will begin indoor practices on Monday, February 27 from 3:30-5:15 PM. There will be a second practice date; however, there is not one available yet due to some of our basketball teams still practicing. The boys should remember to bring their ball gloves on Monday morning.

### BASKETBALL

Our CYO tournament games will begin this coming Friday, Saturday or Sunday. I am trying to get all of our nine CYO teams a first-round home game this weekend. Good luck players and coaches!

Our 8th grade girls will be playing in the PAL "AAA" semi-final game at St. Roberts this Tuesday evening at 6:20 PM. Come out and support our 8th grade girls!

Many of our PAL teams have finished their season. Please clean and return your uniforms to the school office. Please put your child's name on the sack. Thanks!

Below is a list of basketball coaches...thanks for coaching our CTK kids!

Tim Braun	Tom Arndorfer	Paul Ernatt	Tom Huerter	John Huerter	Terry Slattery
Dan Fishburn	Brian Allbery	Paul LaFave	Nick Bowden	Tim Mausbach	Mark Bertolini
Judy Howard	Amy Doue	Dan Thies	Bob Woltemath	Tod Kellen	Kent Speer
Jordan Ramsey	Pat O'Bryan	Chris Huerter	Paul Andrews	Hank Sakowski	

### SOCCER

I have submitted our 16 soccer teams to the league for spring play. Our spring coaches meeting will be on Saturday, March 10th, and schedules will be available on the website on or about the same date. At this time, I believe the 7th & 8th grade girls will be split into two smaller teams. It looks like there are 24 girls who want to play. If your daughter is not going to play, it is very important that you let me know before I split the teams rather than afterwards.

### SPORTS CLUB BANQUET

Our annual banquet IS TONIGHT! ( Monday, February 20 at the CTK Parish Center.) If you are interested in attending, contact Joe/Kathy O'Connor at 392-2624 for details.

There are always a lot of parents who offer help with our athletic programs, but say they don't want to coach. Helping with our banquet clean-up is your opportunity to help. If you can help with clean-up, please let me know. If we have 15 helpers, it will only take about 1 hour to do. Just show up!

## Upcoming Sacrament News

### FIRST HOLY COMMUNION PARENTS' MEETING

(Parents only)

Feb. 29th, Wednesday (Parish Center)

Gathering at 6:15 PM Meeting 6:30 PM

## PARISH / AREA EVENTS

### DIVINE MERCY CHAPLET

The Stewardship Committee of Christ the King Parish is sponsoring the *Divine Mercy Chaplet* every Wednesday afternoon at the church from 3:00-3:15 PM. Join us for this inspiring devotional as music by Donna Cori Gibson fills our beautiful church. All are welcome! Questions..contact Juli Kaftan at [kaftan6@msn.com](mailto:kaftan6@msn.com).



*How much it meant to share the faith, the fear, the anticipation with a trusted friend... "-- The Visitation*

**Ministry of Mothers Sharing** invites you to give yourself time to slow down to get in touch with your 'sacred self,' experience a warm and welcoming environment, and meet other women who can share and support you in the joys and challenges of life. **We have extended the deadline for the Ministry of Mothers 8-week session and delayed the start date to Feb 28 to hopefully get more interest in the group, so a new form can be found at the bottom of the update.** In the meantime, if you are interested or have any questions, please contact Ann Kauffman at 402-210-6825 or [akauffman@cox.net](mailto:akauffman@cox.net)

### 40 DAYS FOR LIFE

The national 40 Days for Life team has declared this to be the largest international campaign to end abortion! We hope you will prayerfully consider participating through prayer and fasting; constant vigil; and community outreach. We encourage you to visit our local website, [www.40DaysforLife.com/Omaha](http://www.40DaysforLife.com/Omaha), and sign up for an hour of prayer by clicking on the '[Vigil Schedule](#)' link. Our parish is signed up for Wednesday, February 29, 2012. We will cover the hours from 7 AM to 7 PM at Planned Parenthood, 3105 North 93rd Street. We hope all can participate! Any questions contact Cathy McDermott 658-2191 or Monika Maides 390-2753

### MOTHERS & DAUGHTERS NIGHT OUT

**Save the Date!** Christ the King Mothers and Daughters are invited to join the Ladies Guild at the annual Mother/Daughter Event, Saturday, March 3, after the 5 p.m. mass. We will be celebrating how "lucky" Moms and Daughters are to have each other! A registration form can be found at the bottom of the update.

### FESTIVAL OF FAITH SUMMER CAMP: June 4-8, 9 AM—NOON

Thanks to the overwhelming joy the Pro Sanctity Movement brought to our school during Catholic Schools Week, we will continue spreading that joy this summer!

As a Catholic-based summer camp, the goal is to create an environment that encourages the boys and girls to grow in their faith. They are invited to experience Jesus more in their daily life through games, crafts, prayer, and lots of fun! We're looking for volunteers who are ready to have some fun, share their faith, and make a difference right here at Christ the King. We need volunteers to lead classes and others to bring snacks and drinks. This is a great way to share your gifts with our parish and donate to a good cause.

The Pro Sanctity Movement and the Apostolic Oblates will train volunteers for our very own summer Festival of Faith Camp. Proceeds from the camp will go to Pro Sanctity. The first training session is March 2, 2012 from 10 AM-12 PM. If you are interested in helping out, please contact Juli Kaftan at [juliannkaftan@gmail.com](mailto:juliannkaftan@gmail.com). Thanks for your consideration. Camp registration will begin March 5.

### MUSIC IN CATHOLIC SCHOOLS BENEFIT SPAGETTI DINNER

Join us for a benefit dinner to assist with medical bills for Dave Delaney, deceased husband of CTK's MCS Band Instructor, Melissa Delaney and the Professor Charles Miller Scholarship Fund.

Dinner will consist of all-you-can-eat spaghetti, with or without meat, salad, bread, drink and dessert.

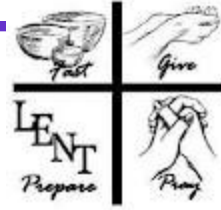
**The dinner will be held on Tuesday, March 13 at Lisa's Radial Café, 817 N. 40th St from 4:30-8:30 PM.**

PLEASE SCROLL DOWN FOR MORE UPDATE INFORMATION

# Lenten Traditions



**Ash Wednesday is next  
Wednesday, February 22nd**



## A Lenten Prayer

### LENT: A TIME OF FASTING AND ABSTINENCE

**FASTING:** Catholics between the ages of 18 and 59 are obliged to **fast** on **Ash Wednesday** and **Good Friday**. Fasting (except for reasons of health) means eating one full meal and two smaller meals with no eating between meals.

**ABSTINENCE:** All Catholics 14 years of age and older must **abstain from meat** on **Ash Wednesday, Good Friday**, and **all the Fridays of Lent**.

Fast from judging others; feast on Christ in them.  
Fast from wanting more; feast on being thankful.  
Fast from anger; feast on patience.  
Fast from worry; feast on trust.  
Fast from complaining; feast on enjoyment.  
Fast from stress; feast on prayer.  
Fast from anger; feast on forgiveness.  
Fast from self-concern; feast on compassion for others.  
Fast from discouragement; feast on hope.  
Fast from gossip; feast on silence.  
Fast from fighting; feast on peace. Amen.

~Adapted from a Lenten prayer by William Arthur Ward

### *Wake up your family to Lent*

*Our busy days as a family can dull our senses. Lent can be the time to sharpen our awareness, through prayer, fasting, and giving to others.*

### *Ideas to consider for Lent*

#### **Ash Wednesday (Feb. 22nd) - day of fasting and abstinence**

Attend Mass and receive ashes. Today is a day of fasting and abstinence. We abstain from eating meat. Fasting means going without food or drink for a while in order to remember that what we need most comes from God. Today we may eat three meals but do not eat anything between meals. Make your fast into a prayer: "God, I thank you for all the good gifts you have given me. Help me to turn to you whenever I need something really important."

#### **Thursday (Feb. 23rd)**

Make friends with someone who seems to be lonely or without friends.

#### **Friday (Feb. 24th) - day of abstinence from meat**

Offer to set the table for dinner or help with dishes afterward, and do it cheerfully.

#### **Saturday (Feb. 25th)**

Let your brother or sister use the computer when you would rather use it yourself.

#### **Sunday (Feb. 26th)**

Pray for the sick.

**PLEASE SCROLL DOWN FOR REGISTRATION FORMS**



# Christ the King Mother and Daughter Night



Celebrating How Lucky We  
Are to Have Such Special Women  
in Our Lives

Join Us for 5 p.m. Mass, on Saturday, March 3,  
Followed by Dinner and "Girl-Time" Fun and Activities for  
Moms, Daughters, Grandmas, and Special Friends of all ages  
in the Parish Center

Show Your Luck By Wearing Your Favorite Irish Accessory,  
Shamrock, or Irish Spirit in Green!



----- Yes, we plan to attend the CTK Mother and Daughter Event! -----

Please list Mothers or other adults attending: \_\_\_\_\_

Please list Daughters or other children attending and ages: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

To attend, please return this form and payment by Tuesday, February  
28, to Diane Kohout, c/o Christ the King Church, 654 South 86th Street,  
Omaha, NE 68114

\_\_\_ # of adults x \$10.00 + \_\_\_ # of children x \$5.00 = \$ \_\_\_\_\_  
(checks payable to CTK Ladies Guild)

*Sponsored by the Christ the King Ladies Guild and Ministry of Mothers Sharing*  
Any questions, please contact Diane Kohout at 402-498-3577 or dtkohout@cox.net



PLEASE SCROLL DOWN FOR REGISTRATION FORMS

